

## Brent Knoll Risk Assessment

					RISK ASSESSMENT			
					SAFETY PLAN			
					<b>4. How will you put the assessment into action</b> Remember to prioritise. Deal with those hazards that are high-risk and have serious consequences first			
1. What are the hazards	2. Who might be harmed & how	Risk Rating H/M/L	3a. What are you already doing (i.e. pre-event controls)	3b. What further action is required (event day controls)	Resultant Risk Rating H/M/L	Action by Who	Action by when	Date completed
<b><u>Athletes:</u></b>  1. Coming into contact with vehicles	1. Athlete / Motorist Knocked over Contact with vehicle	<b>M</b>	Pre-Event warning signs at road crossing points. All runners to note emergency contact details on back of race numbers.	1. Brief athletes at the start. 1.1. Put out advisory (Caution Runners) signs on the course. (see signage map) 1.2. Instruct Marshals to tell runners to keep to side of road.	<b>M</b>	Race Organiser/ Marshal	Pre Event and On the day	

<p><b><u>Athletes:</u></b></p> <p>2. Medical emergency/injuries e.g. slips, trips and falls</p>	<p>2. Athlete</p>	<p><b>L</b></p>	<p>First Aid Cover provided by Criticare</p> <p>Marshals wear lanyards with actions for emergency response</p> <p>Athletes advised not to run if unfit or unwell</p>	<p>2. First Aid Cover at suitable points on the course</p> <p>2.1 Lanyards for all marshals with emergency contact numbers and grid reference for emergency services</p> <p>2.2 Race information and at number allocation runners are required under UKA rules to record any medical information and emergency contact details on reverse of race number. Avoid running if unwell</p> <p>2.3 Pre-race briefing caution re risk of falls in mud, uneven surface and steep descent. Marshals at top of descents to warn runners</p>	<p><b>L</b></p>	<p>Race Organiser/ Marshal</p>	<p>Pre Event and On the day</p>	
<p>3. Runners not hearing marshal instructions</p>	<p>Athlete</p>	<p><b>M</b></p>	<p>Use of headphones is not allowed in pre-race information</p>	<p>3. Pre-race briefing reinforce that use of headphones not allowed</p>	<p><b>L</b></p>	<p>Race Organiser/ Marshal</p>	<p>Pre Event and On the day</p>	

4. Animals	Athlete	<b>L</b>	Possible instance of athletes and animals e.g. cows coming into contact as course crosses fields	4. Pre-race briefing and course inspection to identify any animals on route.	<b>L</b>	Race Organiser/ Marshal	Pre Event and On the day	
5. Adverse weather	Athlete and marshals	<b>L</b>	<p>Keep an eye on forecast for extreme weather conditions.</p> <p>Athletes responsible for keeping warm/dry prior to start of race. Marshals also responsible for wearing appropriate clothing to keep warm/dry especially if marshalling exposed locations e.g. top of the Knoll</p> <p>Marshals can support athletes and raise alarm if weather has an adverse effect</p>	<p>5. Pre-race briefing for ice, wind, extreme heat</p> <p>6. Last resort organizers have discretion to cancel race if deemed unsafe</p>	<b>L</b>	Race Organiser	Pre Event and On the day	
<b>5. Risk assessment reviewed – 12 October 2019</b>					<b>Next Review Date: October 2020</b>			

