



## **Burnham on Sea Harriers Committee Meeting**

**Tuesday 14th April 2026, 7:30pm - 9:45pm**

**Venue: Bay Club, Main Hall**

**Present:** Julie L (Vice captain), Steve D (Secretary), Steve W (Club Secretary), Phil H (Chair), Reg H (Coach), Alex H (Captain), Todd J (Social Secretary), Alexis B (Kit Manager), Anna T (Run Leader), Lucia G (Social Media), Nicola E (Social Media), Matt P (Chair), Nick C (Coach), Katrina B (Run Leader)

### **1. Minutes/Actions from AGM**

Minutes from the 2026 AGM were agreed.

#### **Actions:**

- **Recognition of Service:** Proposal was made at the last committee meeting and AGM. The award was proposed to recognise committee members who have delivered long standing service, commitment and contributions to the benefit of the club and its members. Steve D is the current longest standing member (approximately 19-years). Badges and patches were suggested as possible mementos. Members recognised for the award would be nominated at committee meetings and their recognition awarded at the AGM. A criteria for

the award to be designed (**Action - AH will draft a criteria**). Matt P recognised at the meeting following his stint as Club Chairman.

- **First aiders:** AH has made enquiries with Apex first aid on a suitable first aid session; however, there has been a change of contacts and a new enquiry has to be made (**Action - AH**).
- **Run Leaders webpage:** Action complete. SD has created a Run Leaders webpage on the Harriers site (located under the running tab), outlining the Run Leader role and links to the Leader in Running fitness courses:  
<https://www.burnham-on-sea-harriers.com/run-leaders/>.
- **Policies:** Policies have been updated by SD, who thanked colleagues for their feedback during the review/updates earlier this year to meet EA club standards. Policies are on the Organisation page of the Harriers site. The committee suggested uploading the policies to Spond as a site that is widely used by Harrier members (**Action - SD to upload**).
- **Coaches input:** Discussions around engaging Nick, Reg and Len to give members tips, guidance or short videos helping members to improve their running. Suggestions also included '*an evening with*' as the club has several members with a lot of running knowledge and experiences that the club values. A social evening was suggested as the format, inviting Reg, Len and Sue as possible guest speakers. (**Action - committee to approach to identify interest**).

## 2. Matters arising

**A. Run analysis** - Nick C outlined the Ochy Running Form and Gait Analysis app, recognised by England Athletics - <https://www.ochy.io/>. The app videos a runner,

analysing a runner's movements, gait and style, giving an overall score on their running quality and efficiency. Packages with the app are available, 20 analysis at £90 - £99. Running machines are considered to be a good mechanism upon which the run analysis can be assessed. The committee discussed concerns such as use of a treadmill at someone's house (insurance/liabilities), and data protection, although members wishing to participate can download the app as analysis can be done for free, and remains live for 1-month. Nick was happy to make enquiries with local gyms, with Liz at Central Somerset Physio identified, owing to their gym at East Brent **(Action - Nick C to enquire with CSP)**.

**B. Harriers HQ venue:** Reg raised the issue of the club not having a permanent recognised venue rather than the current street corner/Bay club car park. Approaches have been made previously to the BASC; however, the BASC is seen as remote as opposed to the Bay Club and its central location. It was agreed however, that an approach to the sailing club would be appropriate owing to its central location, and facilities; a feeling that the sailing club would welcome hosting the Harriers for club runs/social events to help raise revenue via its bar etc. Matt P offered to speak to Tony G to see if the sailing club would be open to this approach **(Action - Matt P)**.

**C. Leader in Running Fitness meetings:** A Leader in Running Fitness meeting group was proposed by Reg, giving run leaders an opportunity to exchange ideas, issues and activities such as attracting new run leaders. The committee recommended a campaign to attract new run leaders.

There is recognition that current Run Leaders are under pressure to create routes and run groups each week, seen as an obstacle for possible run leaders. Anna T proposed

a new schedule format where run leaders can put their names down to future weeks when they are available. Buddy systems were also proposed so that new Run Leaders are suitably supported after gaining their LiRF. Currently, there are approximately 16 run leaders, 10 or 11 are active.

The committee approved the application for Jeannine D, Georgina D-V and Duncan to complete the Leader in Running Fitness course to become Run Leaders..

**D. King Alfred's Gym:** Reg requested that this meeting minuted previous requests on the proposed use of the gym at King Alfred's. The original proposal looked at a Thursday evening gym session at the Sports Centre. Julie L had made initial enquiries and would make further enquiries, although the proposal is subject to availability. The approach also included the use of the athletics track which is marked in the summer term for sessions to be delivered by run leaders **(Action - Julie L)**.

**3. Brean Banger 2026 Update:** Medals ordered and to date the race has 124 entries. Approval has been gained from Somerset Council and National Trust for the race. Clearance of vegetation is required along the England Coast Path stretch of the course. Alex has contacted England Athletics over the requirements for a race adjudicator because those that have been approached are either unavailable or have withdrawn having originally said yes. Subject to Harrier races being run successfully with no issues, it's possible that the race can run without an adjudicator - confirmation from England Athletics being sought, so that the race remains licenced and meets its liability obligations.

**4. Burnham half marathon 2026 update:** The partial road closure has been confirmed and organised at no cost as the race application was part of a wider application of

other Burnham based events where road closures are required. Race T-Shirts ordered and the committee discussed how the shorts will be sold. EA has a portal including an add-on allowing runners to purchase a T-shirt as part of their race entry **(Action - Alex H to investigate)**.

Discussions made over the organisation and delivery of the fun run as the 2025 event was chaotic with participants entering right up to the start.

Course measurement assessment organised and scheduled for 17 April.

9 marshals required and chip timing booked. Currently 194 entries and Kay is the race adjudicator.

**5. Brent Knoll 2026 update:** 9 marshals booked. Medals need to be designed - local scout and guide groups to be contacted to see whether they would be interested in designing race medals, or medals are designed within the club. All permissions for the race have been obtained. Roland appointed as race adjudicator.

**6. England Athletics Club Standards score card:** SD confirmed that all standards are in place and up to date. Policies have been updated and are on the website. SD underway with a review of the club run risk assessment, noting the change in club run group names since the last assessment review as one identified update. SD will update and circulate the risk assessment to everyone for feedback **(Action - SD to review risk assessment)**.

**7. Reports from committee members:**

**Finance** - Mark B outlined that £7225 income has been generated so far from race entries, club kit and memberships. Expenditure to date is £4727 mainly on race costs and club awards.

**Kit Manager:** Alexis asked that the links to the club kit website and Linktree are updated as they link to previous kit providers (**SD to update website/social media team to update linktree**).

**Captain/Vice Captain:** Alex and Julie outlined the 2026 club championship. The championship format is detailed on the [championship webpage](#) of the website and is based upon age grading, local races and parkruns. Scores will be based upon 8 races and Alex has developed a spreadsheet including formulas to calculate a runners performance.

**Social Media:** No issues reported by the team, but all communications, posts etc are going well.

**Social:** Todd J outlined the planning of a rock climbing session designed to bring members together and also engaging family members at the event. Todd also highlighted the St Margaret's 10km colour run in May 2026, encouraging members to participate as St Margarets is our chosen charity this year.

**8. Membership renewals 2026:** Steve W confirmed that to date there are 139 paid members. 71 requests for membership renewal reminders have been sent and Spond identified as a useful communication platform to all members. Steve W has renewed his VI guide licence.

### 9. Any other business:

Reg asked whether there would be interest in collecting injury data from members.

Reg has an interest in this area, helping to identify injuries, causes, time out, recovery methods etc. Queried whether a webpage could be created, however, data protection may limit the ability for runners to declare their injuries which may contain personal information. Committee happy for further research into the topic to be made (e.g. social media posts).

**2026 meeting dates:** 14 July

22 September

1 December

All meetings to start at 7:30pm. Venues to be confirmed.

Action	Owner	Comments
To draft a criteria for the Harrier Recognition of Service award	Alex H	
Follow up contact with Apex first aid or suitable provider for a first aid training session for run leaders/interested runners.	Alex H	
Upload policies to Spond	Steve D	

Committee to approach identified members to see if they would be happy to give a talk/share experiences	Committee	
To approach Central Somerset Physio or other appropriate gym for safe treadmill use to conduct run analysis sessions.	Nick C	
To approach King Alfreds to identify availability of their gym/running track	Julie L	
Enquire with England Athletics what impacts our club races face without an adjudicator	Alex H	
Review and update club run risk assessment	Steve D	
Update club kit pages	Steve D/Social Media team	