



Burnham on Sea Harriers Committee Meeting

Tuesday 14th July 2026, 7:30pm - 9:00pm

Venue: King Alfred's School, Conference Room

Present: Julie L (Vice captain), Steve D (Secretary), Steve W (Club Secretary), Phil H (Acting chair), Reg H (Coach), Alex H (Captain), Jon W (run leader), Annette M (Welfare), Alexis B (Kit Manager), Todd J (Social secretary), Nicola E (Social Media), Mark B (Treasurer), Tony M (LiRF).

Apologies: Lucia G (Social Media)

1. Minutes/Actions from last meeting

Minutes from the last meeting agreed.

Actions:

- **Recognition Award:** Everyone present was happy with the proposals for the award, created to recognise long standing or outstanding service to the club. Awards to be presented at AGM by way of a shield and keepsake.
- **First Aid:** Contact made with Apex 1st aid, however, they offer the 1-day emergency first aid training when a shortened session is a preferred option. SW noted a defibrillator training session is on offer at Brent Knoll Village Hall

and SW happy to enquire on course dates and availability that could be arranged for Harriers **(Action - SW)**.

- **Policies:** SD has uploaded updated policies to Spond, England Athletics and Harriers website. A review and update of the constitution is planned, SD will review and update (support requested).
- **Run Analysis:** Action complete: Members completed the analysis and found the sessions useful. Having a follow-up mechanism would be useful for members; Committee were happy to hold discussions/ideas on future run analysis and follow-up sessions.
- **King Alfred's running track:** Sessions have taken place on the track and can be used in the coming weeks. There will be a stage during the holidays when the track will disappear as the pitches are adapted for autumn term sports.
- **Race adjudicator:** EA affiliated races have a mandatory requirement to have a race adjudicator and comes with a £50 fee. Adjudicators are required to monitor compliance with EA race standards and Public Liability. Appointment of an EA adjudicator is difficult because invites are individual and adjudicators can accept and decline invites leaving races short of an adjudicator. Races can be organised using an alternative race system; however, Public Liability would cost approximately £400, as opposed to £50 charged by EA.
- **Club Run Risk Assessment:** Risk assessment updated and uploaded to EA athletics club standards and health and safety Harriers webpage. Updates include extreme weather limitations for run leaders and changes to reflect the club run group numbers.

- **Club kit webpage:** Action complete - page updated to reflect current kit suppliers and ordering methods.

2. Matters arising

a. Under 18's: Ongoing discussions about how under 18's can be accommodated and under what supervision. EA guidance sought and outlined in the agenda. EA guidance identifies under 18's as a child and must come under the supervision of a licenced coach or run leader, also leading to leaders or representatives having the relevant safeguarding/welfare status for children. Club is affiliated as an adult only club; current membership reviews identified 3 young people - membership process will be reviewed. Website will be reviewed to demonstrate the club as adult only. Run Leaders to decide, not under duress on whether they are happy to accommodate our current under 18 runners; permission from parents/guardians to be gained too. (Action Steve D, Steve W, Mark B).

b. Couch-2-5km (TJ): Enquiries made on the delivery of a second annual Couch-2-5km cohort. Whilst some run leaders who have delivered couch-2-5km are supportive of a second programme, it's not universal. Other concerns include the after support of runners to keep them engaged following graduation and groups can be poorly attended. The committee agreed that for the time being, one Couch-2-5km programme will be run by the club annually. Discussions on the next programme, run leaders and infrastructure to be discussed at September meeting.

c. Club run sessions (AH): Concerns raised about terminology of sessions, namely the term speed used to describe one of the planned sessions. Concerns are that speed is a frightening term that puts members off for fear that they will be left behind or their

running capability is not suitable for the session. However, the speed session is highly popular and successful and there is a clear misunderstanding of how the session is run and how inclusive it is for runners of all abilities. Run leaders are encouraged to include the comment '*must be able to run at a pace of*' so members recognise the pace that will be set and identify a group that meets their pace abilities. An introduction to speed can be included in future Couch-2-5km programmes to help overcome the myths and fears surrounding the speed session.

3. Brean Banger 2026 feedback/2026 plans: Feedback received and noted on Spond. The event was a big success, with everyone enjoying the race.. Remaining activities include invoice payment to the National Trust. Review identified the need for an additional marshal and signage on the military road. The race sold out its 350 spaces, and saw 303 finishers. Many entrants did not realise that the race was organised by the Harriers, so additional branding to promote the event as a Harriers race. Other considerations for next year include positioning the apex near to the finish; a radio for the funnel manager; changes to the HQ layout.

4. Burnham half marathon review: Course certificate issued following re-measurement in April. Temporary Road Closures approved and booking confirmed for the Highway's team to manage the closures. Pacers booked, volunteers organised and medals delivered. Evaluation of the start line needed on the day to ensure that the course is 21.1km as certain runners running apps didn't meet the 21.1 half marathon distance.

Fun Run discussed and if it does take place, better organisation is required as the 2025 event was chaotic. Todd is the Run Director.

5. Brent Knoll update: Race licence pending, race licence is issued approximately 1 month before the race. Volunteer list all but complete. Medals and first aid ordered. Approximately 50 entries so far.

6. Run Leader Updates: Discussions on having a Run Leader lead that can coordinate run leaders, acting as a communication point to help address issues/concerns etc. Role to be appointed at the AGM.

7. Committee role holder updates:

Treasurer: Income this year at the same level as 2025. A few outstanding costs to pay for the Brean Bagner with income expected to be around £6285. Expenditure - approximately £4500. Burnham half income £11800. Other expenditure includes costs to purchase mementos for members to recognise their efforts/club service.

Membership: Current membership stands at around 190 (meets 2 runner London Marathon criteria but too late for 2027). Seven members overdue for payment.

Captain/Vice Captain: Club championship running well. The championship formula will be tested next month when 8 races need to be calculated.

Kit: Not a large amount of stock available. Website updated to reflect kit sites.

Social Media: No items to report.

Social: Rich's Cider Farm booked for Christmas. Todd has gained full engagement with St Margaret's to support events, e.g. half marathon etc.

Welfare: Annette/Phil addressed a recent issue. Details not disclosed, as the matter was addressed confidentially.

Meeting closed at 9:15pm.

Date of next meeting: 22 September 2026, venue tbc